

**Auckland / New Zealand**  
**April 5<sup>th</sup> – 11<sup>th</sup>, 2012**  
 St. Francis Retreat Centre, 50 Hillsborough Road, Mt. Roskill, Auckland

Thursday 05.04.2012	Friday 06.04.2012	Saturday 07.04.2012	Sunday 08.04.2012	Monday 09.04.2012	Tuesday 10.04.2012	Wednesday 11.04.2012	
	8:30 – 9:15 Eurythmy Exercises to Enliven Self-Experience and Therapeutic Intuition <i>Alfred Busch</i>						
	9:30 – 10:30 Introduction to Small Group Work <i>Simon Bednarek</i> Goetheanistic Exercises as a Phenomenological Approach to Nature and Healing Plants <i>Simon Bednarek, David Ritchie, Roger Leitch, Alicia Landman, Tessa Therkleson</i>						
	COFFEE / TEA BREAK						
	11:00 – 12:15 Text Study and Thinking Exercises working with R. Steiner / I. Wegman: <i>Fundamentals of Therapy</i> , Chapter III: The Phenomena of Life <i>Simon Bednarek, David Ritchie, Roger Leitch, Alicia Landman, Tessa Therkleson</i>					Closing and Distribution of Certificates	
	LUNCH BREAK						
	13:45 – 15:15 Plant Remedies <i>Mark McKibben, Roger Leitch</i>						
	COFFEE / TEA BREAK						
17:00 Welcome and Introduction to Theme and the Working Modus of IPMT	15:45 – 17:30 Anthroposophic Medicine in Practice: Prescribing Clinical Sessions Following on from Healing Plants <i>David Ritchie, Tracey Howden, Roger Leitch, Alicia Landman, Simon Bednarek</i> External Treatments <i>Tessa Therkleson</i>						
EVENING BREAK							
19:00 – 20:30 Rudolf Steiner, Ita Wegman and the Founding of the Anthroposophic Medical Movement <i>Simon Bednarek</i>	19:00 – 19:30 Review of the Day  19:30 – 20:45 Guidance in Meditation (based on Arthur Zajonc's Approach) <i>Alicia Landman</i>						

Language to be used: English

For further information or registration: Simon Bednarek, [simon.bednarek@gmail.com](mailto:simon.bednarek@gmail.com)

Program changes possible