



Rheumatology in anthroposophic medicine

16 – 19 September 2010

Diagnosis, therapy and salutogenesis of
chronic rheumatic arthritis
Medicinal, artistic-psychological and spiritual
approaches

International annual conference
Medical Section

Goetheanum



Dear colleagues

Dear collaborators and everyone with an interest in the anthroposophic medical movement

The reason for focusing this year's annual conference for anthroposophic medicine at the Goetheanum on chronic polyarthritis is the successful conclusion of a prospective comparative cohort study of conventional and anthroposophic therapy for rheumatism which was undertaken by Ludger Simon and colleagues over a four-year period. Our concern is to communicate its results, study the nature of chronic rheumatic arthritis and take stock of the current stage of development of anthroposophic rheumatology.

The lectures and forums will deal primarily with chronic rheumatic arthritis, whereas the seminars and working groups will cover the whole spectrum of rheumatic forms.

We are concentrating on three central issues in particular:

How can we form a therapeutic community around the person suffering from rheumatism through the targeted collaboration between nurses and physicians, physiotherapists and movement therapists, art therapists and psychotherapists, so that the patient feels supported and can respond to the call to make the changes in their life which is inherent in the disease?

How can we recognise inflammatory rheumatic disease on the basis of constitutional and individual biographical risk constellations at an early stage on the first appearance of skeletal pain and learn to assess it in terms of prognosis?

What does an understanding of the nature of this form of disease teach us about the possibilities of primary prevention?

How can we introduce the positive experiences of anthroposophic rheumatology to a greater extent into the dialogue with conventional rheumatology?

Rheumatoid arthritis together with other inflammatory rheumatic diseases is not just one of the most frequent but also one of the most serious illnesses worldwide today. Its chronic course produces progressive deformation and mobility impairment which frequently lead to invalidity and premature incapacity for work. Only intensive and early interdisciplinary treatment can arrest these pathological transformative processes in the joints, muscles and bones. While conventional rheumatologists may only start applying the immunosuppressants commonly in use today after the disease has fully manifested itself at a physical level for six weeks, anthroposophically based diagnosis and treatment can already start in the preceding early stages – which can be months or years – and improve the prognosis accordingly.

We look forward to the interdisciplinary exchange of experiences in this field.

With warm regards

Ludger Simon and Michaela Glöckler

In collaboration with the Collegium of the International Coordination of Anthroposophic Medicine/IKAM

Roland Bersdorf, Guus H. van der Bie, Ad und Henriette Dekkers, Matthias Girke, Rüdiger Grimm, Christa Hebisch, Rolf Heine, Nand De Herdt, Angelika Jaschke, Andreas Jäschke, Kirstin Kaiser, Theresia Knittel, Natascha Neisecke, Hans-Jürgen Schumacher, Patrick Sirdey, Georg Soldner, Heike Sommer, Johannes Stellmann, Manfred Kohlhase, René de Winter, Peter Zimmermann

*I bear in me what has been,
I feel in me what will grow,
In my intent I bear both into the future.*

*Faith gazes on what has been and is rooted in truth,
Trust gazes on what grows and is rooted in the future,
Love encompasses in the moment
What has grown through eternity
What is through eternity.*

Seminars and working groups, association and specialist conferences

Seminars and working groups on clinical practice

Thursday 14.30 – 15.30, Friday and Saturday 14.00 – 15.30

1. Rheumatological diseases during childhood and adolescence

Requirement: Experience with chronic diseases in childhood and adolescence. Georg Soldner, Munich/DE; Dr. med. Johannes von Lorentz, Salzburg/AT; Dr. med. Genn Kameda, Herdecke/DE (German)

2. Simple and complex course of rheumatic diseases

Prof. Dr. Klas Diederich, Wuppertal/DE; Dr. med. Andreas Laubersheimer, specialist in internal medicine, Heidenheim/DE (German)

3. Diagnosis of the constituent elements of the human being and therapy of rheumatological diseases

Dr. med. Matthias Girke, specialist in internal medicine, Berlin/DE (German)

4. What are the therapeutic similarities between antirheumatic and antitumoral medicines?

Dr. med. vet. Henning M. Schramm, Arlesheim/CH (German)

5. An anthroposophic medical approach to the diagnosis and therapy of lymes arthritis

Basil Williams, MD, Ghent, New York/US (English)

6. Therapy with *Viscum album* and other autumn and winter flowering plants for chronic diseases of the joints

Dr. med. Dietrich Schlodder, Rosenfeld/DE (German, English)

7. Betulin for the skin

Dr. rer. nat. Armin Scheffler, Niefern-Öschelbronn/DE (German)

8. Understanding of the human being and therapeutic experiences in the interdisciplinary treatment of chronic pain

Dr. med. Matthias Woernle, specialist in internal medicine, Niefern-Öschelbronn/DE; Dr. med. Günther Spahn, Niefern-Öschelbronn/DE (German)

9. Sarcoidosis – the chameleon among rheumatic diseases

Dr. med. Christian Grah, pulmonologist, Berlin/DE (German)

Seminars and working groups on artistic therapy

Thursday 14.30 – 15.30, Friday and Saturday 14.00 – 15.30

10. Curative tone eurythmy for rheumatic diseases

Requirement: Bring eurythmy shoes

Annemarie Bäschlin, curative tone eurythmy, Ringoldingen/CH;

Dr. med. Eva Streit, pulmologist, Arlesheim/CH (German)

11. Metal coloured light for rheumatic disease

Marianne Altmaier, art therapist, Schwörstadt/DE; Lucien Turci, sculptor,

Breitenbach/FR; Roswitha Salzwedel, nurse, Filderstadt/DE (German, English)

12. “Digesting” life

Medicinal and art therapy approaches to dealing with rheumatic diseases

Dr. med. Mathias Sauer, specialist in internal medicine, Bad Liebenzell/DE

(German)

13. Singing therapy for chronic rheumatic diseases

Thomas Adam, singing therapist, Bochum/DE; Theodoros Rigas, music

therapist, Asklepius-Westklinikum Hamburg/DE (German, English, Greek)

14. Chronic pain and chronic fatigue following trauma

Fundamentals (GA 27), Chapter XIX: Case 1–5

Dr. med. Wilburg Keller Roth, Basel/CH (German)

15. The influence of the metabolism on rheumatic diseases and treatment with curative eurythmy

Dr. med. Harald Merckens, gastroenterologist, Filderstadt/DE; Renée Reder-

Gruijters, eurythmy therapist, Alanus University, Alfter/DE (German, Swedish)

16. Fundamentals of Therapy. An extension of the Art of Healing, Chapter XI: The Forming of the Human Body and Gout

Textual study, discussion of therapies, please bring examples from your

own practice! Dr. med. Wolfgang Reißmann, psychiatrist, Buchenbach/DE

(Germany)

Seminars and working groups on nursing and social therapy approaches

Thursday 14.30 – 15.30, Friday and Saturday 14.00 – 15.30

17. Anthroposophically extended care of patients with fibromyalgia syndrome

Caroline Weiss, Niefern-Öschelbronn/DE (German)

18. Oil dispersion bath therapy (developed by Werner Junge) for rheumatoid arthritis

For physiotherapists, physicians, masseurs and users of ODB
Prof. Dr. med. Albrecht Warning, gerontologist, Frankfurt/Main/DE;
Reinhold Schön, Bad Boll/DE (Germany)

19. The use of ginger externally as an anthroposophic treatment for osteoarthritis

Dr. Tessa Therkleson, nursing specialist, PhD, Wellington/NZ (English)

20. Medical and spatial perspectives on rheumatic diseases

Jaimen McMillan, therapeutic gymnastics (Spacial Dynamics), New York/USA;
Christina Spitta, Heidenheim/DE (German, English)

21. The five exercises in classic Greek gymnastics (running, jumping, wrestling, discus and javelin) and their salutogenic importance for respiration and movement in the human being

As we will be working outside, please bring comfortable clothing and trainers. In the event of rain, please bring eurythmy shoes. Nora Vockerodt, artistic speech specialist, Prague/CZ (German)

22. Rudolf Steiner's "opinion on psychiatry" – family and socio-systemic therapeutic approaches to psychosomatic and psychiatric illnesses in a sensitive constitution

For psychotherapeutic practitioners
Dipl. Psych. Ad Dekkers, clinical psychologist, Bilthoven/NL; Dipl. Psych.
Henriette Dekkers-Appel, clinical psychologist, Bilthoven/NL (German, English)

23. The doctor-patient relationship from the perspective of patient competence

Only on Saturday, 18 September 2010, 14.00 – 15.30

René de Winter, Leidschendam/NL; Hans-Jürgen Schumacher, Bad Liebenzell/DE; Renate Sippel, Kumberg/AT; Colette Pradelle, Amance/FR; Michel Pradelle, Amance/FR; Heidrun Loewer, Kassel/DE (German, English)

24. Sculptural processes in working on the “warmth human being”

Elke Dominik, head of training in sculptural artistic therapy, Dornach/CH (German, French)

25. TCM and Chinese diet therapy

Prof. Zhang Wuben, Beijing/CN (English) – requested

26. Fundamentals of Therapy, Chapter 14: On the Therapeutic Way of Thinking

Simon Bednarek, MD, Napier/NZ (English)

Association and specialist conferences

Thursday 14.30 – 15.30, Friday and Saturday 14.00 – 15.30

27. DAKART, boards of the professional associations/AKT

On invitation

Nurene Armajani, Deventer/NL (German)

28. Meeting of the International Coordinating Group for Anthroposophic Art Therapy (IK-AKT)

On invitation: Friday, 14.00 – 19.00

Kirstin Kaiser, anthroposophic art therapist in the field of artistic speech, head of the AmWort School, Basel/CH (German)

29. European Federation of Patients' Associations for Anthroposophic Medicine (EFPAM) Annual General Meeting

On invitation: Friday, September 17, 2010, 14.00 – 15.30

René de Winter, Board of EFPAM, Leidschendam/NL (English)

30. Still in plannin

Additional seminars and working groups, association and specialist conferences

Additional seminars and working groups

Thursday 15.45 – 16.45, Friday and Saturday 17.15 – 18.30

31. Basis and action of repulse (light) therapy

Dr. med. Roland Frank, gynaecologist, Vienna/AT; Brigitte Rumpold, Vienna/AT (German)

32. The musical experience as an opportunity for the inner infusion with warmth.

How can music therapy contribute to balancing the structure of the constituent elements of the human being in rheumatic disorders?

Stephan Kühne, music therapist, Berlin/DE; Viola Heckel, music therapist, Buchenbach, Freiburg/DE (German, English)

33. How eurythmy and curative eurythmy/curative tone eurythmy can cure, but also cause dissociation symptoms in the human constituent elements (e.g. fibromyalgia and chronic fatigue syndrome)

(can be attended on the basis of Group 14)

Dr. med. Wilburg Keller Roth, Basel/CH; Ursula Järvi, curative eurythmist, Dornach/CH (German)

34. "Back to the spirit" – the therapeutic effect of rests

Daniel Marston, curative eurythmist, Dornach/CH (German, English)

35. "The search for the centre". Therapeutic exercises using the example of a rheumatism projects at the Vidarklinik

Annika Asmussen, art therapist, Jaerna/SE (German, Swedish)

36. Bringing the etheric into flow through the nature of trees, the mistletoe question, the action of the light soul

Dr. med. Elisabeth Krauss, Maulbronn/DE (German)

37. The Messie syndrome and its somatoform consequences

For therapists, physicians, nurses, institutions, special needs teachers and also people affected. Veronika Schröter, practicing Messie expert, alternative practitioner for psychotherapy, Freiburg/DE (German)

38. Wraps and applications as well as other therapeutic nursing methods in the treatment of rheumatism

Bernhard Deckers, expert in anthroposophic nursing/IFAP, Filderstadt/DE (German)

39. Fibromyalgia: treatment approaches in the rehabilitation clinic

Dr. med. Heribert Wutte and staff at the Haus am Stalten/DE rehabilitation clinic (German)

40. Pain – dammed up movement potential

Ingrid Krause Berlin, physiotherapist, Kloster Lehnin/DE (German)

41. Human being: be yourself – principles of the protein metabolism Fundamentals, Chapter XI: Chapter XI: “The Forming of the Human Body and Gout” For physicians

Dr. med. Martin-Günther Sterner, Berlin/DE; Dr. med. Astrid Sterner, Berlin/DE (German, Russian)

42. Contribution à la compréhension des maladies rhumatologiques inflammatoires, Données de base pour un élargissement de l’art de guérir’ (GA 27, Éditions Triades, Paris, 1992): Chapitre XIV

François Hibou MD, Huningue/FR; Claude Boudot MD, Colmar/FR (French, English)

43. Observational and experiential access to the four etheric types and strengthening the etheric organisation

Georg Glöckler, mathematician, Dornach/CH (German)

Association and specialist conferences

Thursday 15.45 – 16.45, Friday and Saturday 17.15 – 18.30

44. How the “AnthroMed®” brand could be utilised

Dr. med. Roland Bersdorf, chief executive, Havelhoehe Hospital, Berlin/DE;
Dr. math. Andreas Jäschke, chief executive, Ita Wegman Clinic, Arlesheim/CH (German)

45. Boards of the European curative eurythmy professional associations

On invitation: Friday, 17 September 2010, 17.00 – 19.00

Angelika Jaschke, curative eurythmist, Witten/DE (German, English)

46. Conference of the boards of the international curative eurythmy professional associations and DAKART (joint meeting)

On invitation: Saturday, 18 September 2010, 17.00 – 19.00

Angelika Jaschke, curative eurythmist, Witten/DE; Nurene Armajani, Deventer/NL (German, English)

47. Conference of the International Association of Anthroposophic Pharmacists/IAAP

Friday 17.09.2010 only

For pharmacists and everyone with an interest

Dr. rer. nat. Samir Kedwani, pharmacist/Weleda (moderator), Schwäbisch Gmünd/DE;

Dr. rer. nat. Herwig Judex, pharmacist/Wala, Eckwälden/Bad Boll/DE;

Dr. rer. nat. Manfred Kohlhase, pharmacist, Schwäbisch Gmünd/DE;

Dipl. Pharm. Christiaan Mol, Eckwälden/Bad Boll/DE;

Monica Mennet-von Eiff, pharmacist, Arlesheim/CH;

Dr. med. Judith Klahre-Parker, Ilkeston/GB;

Nelly Segur; Marc van Velk, Neeroeteren/BE (German, English)

48. International meeting of the professional groups of anthroposophic alternative practitioners

Renate Künne, alternative practitioner, Nuremberg/DE (German, English)

49. Conference of the professional group for massage developed by Dr. med. Simeon Pressel

All those working with massage developed by Dr. med. Pressel Tätigen, also without experience in rheumatology, are warmly invited

Elma Pressel, HP, Stuttgart/DE;; Dipl. Psych. Dorothea Friemel, HP, Berlin/DE (German, English, Dutch)

50. Professional meeting on psychotherapy – Specialist training for current psychopathologies and the inner strength they require

For representatives and members of the professional groups for psychologists and physicians working with psychotherapy

Dipl. Psych. Ad Dekkers, clinical psychologist, Bilthoven/NL; Dipl. Psych. Henriette Dekkers-Appel, clinical psychologist, Bilthoven/NL (German, English)

51. Coordination and representation of anthroposophic medicine and the Medical Section in the countries

On invitation

Dr. med. Michaela Glöckler, Dornach/CH; Simon Bednarek, MD, Napier/NZ; Koop Daniels, Appelscha/NL; Dr. med. Ursula Flatters, Jaerna/SE; Dr. med. Stephan Geider, Aberdeen/GB (UK), Alicia Landman, Moab UT/USA; Heike Sommer, M.A., public relations, Dornach/CH; Barbara Wais, chief executive, DAMiD, Berlin/DE (German, English)

52. Meeting of method representatives and initiators in the field of anthroposophic physiotherapy and physical therapies/APT

For method representatives and initiators in the field of anthroposophic physiotherapy and physical therapies/APT

Unda Niedermann, rhythmical massage professional coordination, training and head of school, SRM, Arlesheim/CH (German, English)

53. European Federation of Patients' Associations for Anthroposophic Medicine (EFPAM), Round Table

On Invitation: Friday, 17 September 2010, 16.00 - 18.00, Board of EFPAM, René de Winter, Leidschendam/NL (English)

54. International Research Council – New research methods

How can science and practice better complement one another in anthroposophic medicine?

On invitation: Friday, 17 September and Saturday, 18 September 2010 Coordination:

Dr. med. Helmut Kiene, Freiburg/DE; Prof. Dr. med. Peter Matthiessen, Herdecke/DE; Dr. med. Harald Matthes, Berlin/DE; Dr. med. Michaela Glöckler, Dornach/CH (German, English)

55. Anthroposophic pharmacopoeia/APC

Saturday, 18 September 2010 only

For pharmacists, regulatory affairs specialists, physicians and everyone with an interest. Dr. Monica Menner-von Eiff, pharmacist, Arlesheim/CH (German, English)

56. Anthroposophic medicine – Visions in the Consensus 2020

On invitation

Prof. Dr. med. Erik Baars, Leiden/NL; Prof. Dr. rer. medic. Harald Gruber, Alfter/DE; Prof. Peter Sinapius, Ottersberg/DE (German, English)

57. Expert colloquium in anthroposophic nursing

On invitation: Friday, 17 September and Saturday, 18 September 2010

Ursa Neuhaus, lic. phil., dipl. in nursing, Bern/CH (German)

58. Anthroposophic medicine in study courses and training

For trainees and students in the medical and therapeutic professions

Natascha Neisecke, cand. med., Dornach/CH; Dr. med. Theresia Knittel, Arlesheim/DE (German, English)

59. International further and advanced training in anthroposophic pharmaceuticals/IAAP

Saturday, 18 September 2010

For pharmacists and everyone with an interest

Dr. rer. nat. Manfred Kohlhase, Schwäbisch Gmünd/DE; Dr. rer. nat. Herwig Judex, Eckwälden/Bad Boll/DE; Dr. rer. nat. Samir Kedwani, Schwäbisch Gmünd/DE; Dipl. Pharm. Christiaan Mol, Bad Boll/DE; Dr. Monica Mennet-von Eiff, pharmacist, Arlesheim/CH; Dr. med. Judith Klahre-Parker, Ilkeston/GB; Marc van Velk, Neeroeteren/BE (German, English)

Parallel conference of the International Training Coordination

On invitation and with separate registration

Dr. med. Guus van der Bie, Zeist/NL; Stefan Langhammer, biologist, Dornach/CH;

Dr. med. Wolfgang Reißmann, psychiatrist, Buchenbach/DE (German, English)

Accounts for donations to the Medical Section

Purpose: Medical Section, Donation 2010

General Anthroposophic Society, Medical Section

Bank details CH

Raiffeisenbank Dornach • Acc.: 10060.56 • Clearing: 80939

IBAN CH36 8093 9000 0010 06056 • BIC: RAIFCH22

Bank details DE

Medizinische Sektion bei der Förderstiftung Anthroposophische Medizin Volksbank Dreiländereck • Acc.: 970760 • Sort code: 683 900 00

IBAN: DE92 6839 0000 0000 9707 60 • BIC: VOLODE66

Thursday, 16.9.2010

From 13.30
Reception in the Wandelhalle

14.00
Meeting of speakers and working group moderators

14.30 Start of conference

14.30 – 15.30
Seminars and working groups
15.45 – 16.45
Other seminars, association and specialist conferences

16.45 – 17.30 Break

17.30
Conference opening in Large Hall
Welcome by Dr. med. Michaela Glöckler
1st movement of Boccherini, Cello Concerto
Marek Jerie, Cello, N. N. Piano

Lecture
Anthroposophic medical research –
in interparadigmatic dialogue
Prof. Dr. med. PeterMatthiessen

18.30 - 20.00 Evening break

20.00
Singing with Thomas Adam

Lecture
Chronic rheumatic arthritis
From clinical picture to a diagnosis of the human
constituent elements
Dr. med. Ludger Simon

Friday, 17.9.2010

8.30 – 10.00
Artistic prelude
Musical and recitatorial contributions*

Lecture with discussion
Spiritual scientific studies regarding rheumatic patients –
the body as mirror of the human constituent elements
Dr. med. Christian Kern

10.00 – 10.30 Break

10.30 – 12.30
Plenum – Lectures with discussion
The joint in the context of the metamorphosis of the
musculoskeletal system Dr. med. Matthias Girke

The speaking human being in movement in the course of his
life: from clinical picture to the essential picture of chronic
polyarthritis
Dr. med. Ludger Simon

12.15 – 14.00 Lunch break

14.00 – 15.30
Seminars and working groups

15.30 – 16.00 Break

16:00 - 17:00
Forum
On the healing power of winter flowering plants – including
mistletoe – in chronic joint diseases
Dr. med. Dietrich Schlodder, Dr. med. Christian Kern,
Dr. med. Ludger Simon

17.00 - 17.15 Break

17.15 – 18.30 Additional seminars, association and specialist
conferences

18.30 – 20.00 Evening break

20:00
Singing with Thomas Adam

Lecture
Pain and loss of movement –
Experiences at the threshold to the spiritual world
Dr. med. Michaela Glöckler

Saturday, 18.9.2010	Sunday, 19.9.2010
<p>8.30 – 10.00 Artistic prelude <i>Musical and recitatorial contributions*</i></p> <p>Lecture with discussion Anthroposophic long-term therapy of chronic polyarthritis Dr. med. Ludger Simon</p>	<p>8.30 – 10.00 Artistic prelude <i>Musical and recitatorial contributions*</i></p> <p>Forum – Panel with short presentations On therapy with conventional long-term therapeutic agents: Corticoids, NSAR, basic therapeutic agents, biologicals from an anthroposophic perspective Dr. med. Lars Gerlach, Dr. med. Christian Kern, Dr. med. Ludger Simon</p>
10.00 – 10.30 Break	10.00 – 10.30 Break
<p>10.30 – 12.30 <i>Plenum – Short contributions on rheumatism therapy from the anthroposophic clinics and practices with discussion</i></p> <p>Coordinatio: Dr. med. Ludger Simon</p> <p>Results from nursing research into the ginger compress for osteoarthritic symptoms Tessa Therklason</p>	<p>10.30 - 11.45 <i>Comparative clinical evaluation of anthroposophic long- term therapy in chronic polyarthritis in a 4-year study</i> Dr. med. Christian Kern, Dr. med. Lars Gerlach, Dr. med. Ludger Simon</p> <p>11.45 – 12.30 Closing plenum Perspectives on the further development of anthroposophic rheumatology Panel with short presentations Moderated by Dr. med. Michaela Glöckler</p>
12.15 - 14.00 Lunch break	12.30 End of conference
<p>14.00 – 15.30 <i>Seminars and working groups</i></p>	<p><i>Exhibitions and poster presentations during the whole of the conference in the North Gallery</i></p> <p>Responsible: Dr. med. Harald Matthes and Roland Tüscher</p>
15.30 – 16.00 Break	
<p>16.00 – 17.00 Art therapy forum <i>Metabolic regulation through artistic activity: Therapeutic approaches from the Anthroposophic Academy for Therapy and Art in Dornach (ATKA)**</i></p> <p><i>Changing colours and rheumatic disease: Therapeutic painting and coloured glass therapy with rheumatism patients, Marianne Altmaier</i></p> <p>Physiotherapy – Osteopathy – Curative eurythmy Dr. med. Christian Kern</p>	<p><i>Visite guidate venerdì e sabato 13:30, secondo gli annunci</i></p> <p><i>Guided tours on Friday and Saturday 13.30 as per announcement</i></p> <p>Contact for poster presentation: ubruckmann@havelhoehe.de</p> <p>Closing date for registration: 15 August 2010</p>
17.00 – 17.15 Break	
<p>17.15 – 18.30 <i>Additional seminars, association and specialist conferences</i></p>	
18.30 – 20.00 Evening break	
<p>20.00 <i>Singing with Thomas Adam</i> <i>Music and dance</i></p> <p><i>“Let the East inspire what forms through the West”</i> <i>Greek musicians play sounds of the Balkans, from Athos to Asia Minor, with folk dances and encounter on the Goetheanum stage Central European instrumental music and eurythmy in tone and word.***</i></p>	

* Speech choir with lecturers and students from the AmWort school, training and advanced training for artistic speech in art, education and therapy; therapists from Sprach-Ambulanz; musicians: Viola Heckel and music therapy students.

** Staff from the Anthroposophic Academy for Therapy and Art in Dornach (ATKA); Anna-Barbara Hess, anthrop. art therapist specialising in music, head of Orpheus School for Music Therapy; Heike Dahms, anthrop. art therapist specialising in sculpture, lecturer at the School for Sculptural Art Therapy; Elke Dominik, anthrop. art therapist, head of the School for Sculptural Art Therapy; Stefanie Hess, med. masseuse, lecturer at the School for Rhythmical Massage; Unda Niedermann, med. masseuse, head of the School for Rhythmical Massage; Kaspar Zett, curative eurythmist, head of curative eurythmy training at the Goetheanum; Heidi Strahm, painter, head of the Independent Painting School, Dornach; Christoph Koller, painter, head of the Independent Painting School, Dornach; Kirstin Kaiser, anthrop. art therapist specialising in artistic speech, head of AmWort School.

*** Participants include the famous musicians Manos Achaliotopoulos (clarinet) and Sokratis Sinopoulos (lyre), the “Mistral” eurythmy ensemble Anthea Beck, Hermione Beck, Daniel Müller-Goldegg; artistic speech Jutta Nöthiger, Stefanos Thalassinos, dance group Maria Ioannidou

General information

Registration

Goetheanum Empfang
Postfach
CH-4143 Dornach
Tel. +41 (0)61 706 44 44
Fax +41 (0)61 706 44 46
tickets@goetheanum.org

Working groups

Detailed information on the working groups:
www.medsektion-goetheanum.ch
www.goetheanum.org

Translation

There will be simultaneous interpretation into English, French, Spanish, Russian and Italian for the plenary events. Anyone fluent in only one language is requested to organise whispered translation for themselves if they wish to take part in a group whose shown language they do not know, in order thus to be able to take part in all the working groups of their choice.

Poster registration

Your research results please in the form of a structured abstract – objective, material and methods, results, conclusions – by 15 August 2010 to: Ursula Bruckmann, GKH Havelhöhe.
ubruckmann@havelhoehe.de
Poster format: 118 x 84 cm

Contact

Medical Section at the Goetheanum
Leader: Dr. med. Michaela Glöckler
Conference organisation: roland.tuescher@medsektion-goetheanum.ch