

Scientific Congress, 8-10 March 2012, Berlin

Dear Friends,

The Medical Section together with the Research Council intends to hold the 3rd Scientific Congress for Anthroposophic Medicine from 8-10 March 2012 in Berlin.

On **8 and 9 March 2012** an internal congress will be held at the Gemeinschaftskrankenhaus Havelhöhe for everyone working and interested in anthroposophic medicine. This congress is intended to give all research groups working in AM the opportunity to present their research results. In contrast to classic scientific congresses, the aim here is not so much merely to present the data but rather to set out the path and methodology as well as transparently show the underlying strategies. Contributions should therefore particularly focus on presenting the aims of the study, the methodology used and the reasoning behind it, as well as discussion of the methodological pitfalls which arose and future research plans. Conceived as an internal congress of anthroposophic medicine, the 8-9 March 2012 is about an exchange of experiences, the discussion of concepts, enhanced cooperation and future networking.

In addition, the further academisation of anthroposophic medicine is to be discussed on the two evenings in the context of updating the so-called Masterplan for the Software AG Foundation. Topics for discussion are appointments to endowed professorships at universities, the most important scientific issues of the future and the adequacy of scientific methods, as well as stronger networking in anthroposophic academic research and teaching.

There will be survey lectures on the main themes of the programme (see Annex 1) in the plenary sessions . Numerous parallel scientific forums will present and debate in small groups the subjects set out in the programme as subsidiary items.

In order to be able to ensure the good organisation of the congress, we would ask that you inform us by **25 November 2011** whether you wish to be involved in the congress with a survey lecture in a plenary session, a lecture in one of the scientific forums or a poster. We further request that you indicate up to three further subjects from the enclosed programme on which you would like to work in scientific forums. Please use the registration form for this purpose which is enclosed with this letter as Annex 2.

We would also like to invite all those attending the congress to the public panel discussion between scientists from anthroposophic and conventional medicine on the following **Saturday, 10 March 2012** in Langenbeck-Virchow Haus (programme enclosed).

Kind regards

Dr. Michale Glöckler Dr. H. Kiene Prof. Dr. Matthiessen Dr. H. Matthes

Medical Section

Executive Board of the Research Council

Internal international research conference on 8 and 9 March 2012

Main themes:

1. Basic research

- a) Mistletoe research
- b) Medicinal products research (excluding mistletoe)
- c) Salutogenesis research
- d) Rhythm research

2. Clinical research

- a. Qualitative research
 - i. Studies using narrative und hermeneutical methodology
 - ii. Studies using phenomenological methodology
 - iii. Studies using goetheanistic methodology
- b. Cognition based evidence
 - i. Single case analyses (TCR)
 - ii. Cohort analyses
 - iii. CBM methodology
- c. Health services research
 - i. Pharmacovigilance/medicinal product safety
 - ii. Epidemiological studies
 - iii. Outcome studies / pragmatic trials
 - iv. Cost effectiveness studies / benefit assessment
- d. Intervention studies
 - i. RCTs
 - ii. Comparative cohort studies

3. Verification of AM research approach

- a. Presentation of conventional research results (by other researchers) which verify the research results of spiritual science.

**Registration form for speakers and participants at the
3rd Scientific Congress on
8 and 9 March 2012 at the Gemeinschaftskrankenhaus Havelhöhe**

Dear friends,

Please use this form to register a lecture/poster and on page 2 of this form tick further subjects which you would like to work on in scientific forums. Return the completed questionnaire by post or fax to Ursula Bruckmann, Gemeinschaftskrankenhaus Havelhöhe, Kladower Damm 221, 14089 Berlin, Germany. Fax +49-30-36501455 or send the completed Word file by email to ubruckmann@havelhoehe.de.

1. Registration of lecture or poster

- Survey lecture in plenary session
- Lecture in a scientific forum
- Poster

Title of my lecture/poster:

My contribution belongs to the subject category:

Category 1: Basic research

- a) Mistletoe research
- b) Medicinal products research
- c) Salutogenesis research
- d) Rhythm research
- e) Epistemological research

Category 2: Clinical research

- a) Qualitative research
 - I Studies using narrative and hermeneutical methodology
 - ii) Studies using phenomenological methodology
 - iii) Studies using goetheanistic methodology
- b) Cognition based medicine
 - i) Single case analyses (TCR)
 - ii) Cohort analyses
 - iii) CBM methodology
- c) Health services research
 - i) Pharmacovigilance/medicinal products safety
 - ii) Epidemiological studies
 - iii) Outcome studies/pragmatic trials
 - iv) Cost effectiveness studies/benefit assessment
- d) Intervention studies
 - i) RCTs
 - ii) Comparative cohort studies

Category 3: Verification of anthroposophic medicine research approach:

Presentation of conventional research results (by other researchers) which verify the research results of spiritual science.

I wish to present the following data/results with presentation of the methodology, difficulties which arose, the next steps and research planning:

2. Registration for participation in the scientific forums (maximum of three subjects):

Basic research

- a) Mistletoe research
- b) Medicinal products research
- c) Salutogenesis research
- d) Rhythm research
- e) Epistemological research

Clinical research

- a) Qualitative research
 - i) Studies using narrative and hermeneutical methodology
 - ii) Studies using phenomenological methodology
 - iii) Studies using goetheanistic methodology
- b) Cognition based medicine
 - i) Single case analyses (TCR)
 - ii) Cohort analyses
 - iii) CBM methodology
- c) Health services research
 - i) Pharmacovigilance/medicinal products safety
 - ii) Epidemiological studies
 - iii) Outcome studies/pragmatic trials
 - iv) Cost effectiveness studies/benefit assessment
- d) Intervention studies
 - i) RCTs
 - ii) Comparative cohort studies

Verification of anthroposophic medicine research approach:

- Presentation of conventional research results (by other researchers) which verify the research results of spiritual science.

Other suggestions for/additions to congress:

My contact information:

Name:

Email address:

Institution:

Telephone number: