

Nagano / Japan

28th April – 04th May, 2012

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Saturday 28.04.2012	Sunday 29.04.2012	Monday 30.04.2012	Tuesday 01.05.2012	Wednesday 02.05.2012	Thursday 03.05.2012	Friday 04.12.2012
	8:00 – 8:45 Eurythmy: Planets and Zodiac <i>Kimiko Ishikawa</i>					
	9:00 – 10:30 Goetheanistic Exercises as a Phenomenological Approach to Healing Plants Introduction <i>Michaela Gloeckler</i>					9:00 – 10:00 Herbal Study 10:20 – 11:30 Text Study
	COFFEE / TEA BREAK					
	11:00 – 12:15 Text Study in Small Groups, working with Steiner / Wegman: <i>Fundamentals of Therapy</i> , Chapter IX: The Role of Protein in the Human Body and Albuminuria					12:00 – 13:00 Closing and Distribution of Certificates
	LUNCH BREAK					
14:30 – 16:00 Introduction to Anthroposophic Medicine <i>Harald Matthes</i>	14:00 – 15:15 What Strengthens and What Weakens the Etheric Organization (with Curative Eurythmy) <i>Michaela Gloeckler, Kimiko Ishikawa</i>					
	COFFEE / TEA BREAK					
16:15 – 17:45 150 Years of Rudolf Steiner and the Cultural Tasks of the 21 st Century <i>Harald Matthes</i>	15:45 – 17:45 The Study of Diseases and Treatments based on the Understanding of Digestion and Metabolic Functions <i>Harald Matthes</i>					
	EVENING BREAK					
19:15 – 20:30 Welcome and Introduction to the Working Modus of the IPMT	19:15 – 19:45 Review of the Day 19:45 – 21:00 How to Gain Healing Forces through Inner Development <i>Michaela Gloeckler</i>				20:45 – 21:45 Farewell Ceremony	