



Anthroposophic Medicine

International Postgraduate Medical Training / IPMT for Doctors and Medical Students

Parallel courses for other health professionals available

| | |
|---------------------------|---------------------------|
| January 2 – 9, 2008 | Santiago de Chile / Chile |
| January 17 – 24, 2008 | Bangalore / India |
| April 11 – 17, 2008 | California / USA |
| April 19 – 26, 2008 | Kidapawan / Philippines |
| April 28 – May 4, 2008 | Dornach / Switzerland |
| June 18 – 25, 2008 | Odessa / Ukraine |
| June 28– July 3, 2008 | Irkutsk / Siberia |
| July 12 – 18, 2008 | Sydney / Australia |
| July 20 – 26, 2008 | Nagano / Japan |
| August 8 – 15, 2008 | St. Petersburg / Russia |
| August 31 – Sept. 7, 2008 | Dornach / Switzerland |
| October 3 – 10, 2008 | Buenos Aires / Argentina |

Programme 2008

Medical Section

Goetheanum • School for Spiritual Science • Dornach / Switzerland

Seek real practical life,
But seek it in a way that does not blind you
To the Spirit working in it.
Seek the Spirit,
But not with spiritual lust, not out of spiritual egoism,
But seek it so that you can apply it selflessly
In practical life in the material world.

Apply the ancient words:
"The spirit is never without matter; matter never without
spirit" in Such a way that you say to yourselves:
We will do all things in the material world in the light of
the spirit
That it may enkindle warmth for our practical deeds.

Rudolf Steiner , GA 297, Page 116f.

It is not a matter of opposition to contemporary medicine, which works with the scientific principles and methods accepted today; we fully recognise its principles. And we are of the opinion that what we are offering should be used only by those in medical practice, who can work as fully licensed physicians in accordance with those principles.

Dr. med. Ita Wegman, Dr. phil. Rudolf Steiner

Welcome to the IPMT !

The International Postgraduate Medical Training / IPMT offers doctors and medical students, pharmacists and health professionals the possibility of gaining an introduction to Anthroposophic Medical Concepts within a system of one week study blocks. Between these blocks obtaining advice and mentoring at different professional levels in theoretical and practical skills is gained, and, after a final evaluation, a certificate in Anthroposophic Medicine is available, based on the international guidelines for doctors, pharmacists and other health professionals. For those who wish only to have an idea of what Anthroposophic Medicine might be, it opens – even after just one week’s experience – ways for a new understanding of the human being and the developmental relationship with the realms of nature and their healing substances and processes. It gives an introduction in how to develop ones own healing faculties and insights for the inner spiritual path. This inner path for soul and spirit is based on middle European philosophical concepts. Lessing (1729–1781) developed the philosophical approach towards the reality of reincarnation and karma, Goethe (1749-1832) founded the experimental approach towards a phenomenological understanding of nature. Steiner laid the philosophical-academic pathway towards meditative thinking, to understanding the reality and presence of the spiritual world with its light, love and guidance for the individuality’s inner and outer development of humanity.

Anthroposophic medicine, based on the spiritual scientific research named Anthroposophy was inaugurated by Dr. phil. Rudolf Steiner (1861-1925) with the cooperation of Dr.med. Ita Maria Wegman (1876-1943). This medical approach developed a profound salutogenic concept which can integrate mainstream medical research and the dimension of spiritual research, such as soul transformation and a spiritual understanding of the human being’s physical nature in health and illness.

Inspired by representatives of modern medical health research like Aaron Antonovsky (1923 – 1994) and insights of humanistic and positive psychologists like Abraham Maslow (1908-1970), the new salutogenetic paradigm is entering the academic world. Salutogenesis means origin, creation of health. This concept is focussing on the sources of health and well-being in body, soul and spirit. On the one hand, it draws on an ancient spiritual concept of health being a result of processes of balance, and illness as the result of imbalance; on the other hand, it represents the new medical thinking of the 21st century: we need a paradigm shift from the pathogenetic towards the salutogenetic concept. For about the last two hundred years the pathogenic concept in medicine became the mainstream approach. It worked with these questions: What makes people ill, where do metabolic disorders originate and what are the reasons for any illness? Salutogenesis looks at what maintains health even in times of stress and outer or inner problems: What allows people to remain healthy despite disasters, starvation or exposure to pathogenic factors? What gives human nature resilience and strength? Where are the sources of self-regeneration and self-healing?

Michaela Glöckler MD
Medical Section / Goetheanum

Concept and Working Modus of the IPMT

- Schooling of sense perception and active ways of thinking as a basis for new diagnostic faculties.
- A practical introduction into diagnostics and therapy with anthroposophic medicaments, artistic activities, curative eurythmy and other modalities.
- Professional ethics and meditative schooling, as needed and necessary for understanding ones own profession, for the setting of therapeutic relationship and for establishing therapeutic communities.

Schooling of sense perception and active ways of thinking

1. In the morning we start with the new art of movement - eurythmy. This was developed before World War I by Rudolf Steiner, in conjunction with the movement and speech formation artist, Marie Steiner. All processes in nature, in the human being and in the arts, can be made visible with the help of movement. Therefore the eurythmic movements do not have a symbolic character, but rather correspond to the inner formative movements and shaping gestures, just as these correspond to the formative language of the realms of nature and of human speech. This is the archetypal alphabet of vowels and consonants which may be found in all languages. When we perform and practice these movements (Eurythmy as „visible speech”) we may develop a more subtle appreciation of formative and shaping processes in nature and in the human being and hence for the processes of illness and healing.

In the course of the first training block, the basic vowels and consonants are taught, their movements practiced and Rudolf Steiner's sketches for these forms are studied. In the further weeks of training, the gestures corresponding to the tones and intervals in music will be added, as well as the cosmic gestures within the planetary movements and the gestures of the signs of the zodiac.

2. After the introduction to the phenomenological method of working according to J.W.v. Goethe (1749-1832), we will divide into small groups in order to engage everyone through interactive learning. Goethe gave us the aphorism:

*Were not the eye born of the sun,
It could never see the sun.*

*If God's own power lay not in us,
How could the Divine enrapture us?*

The processes, which we recognise as the aggregate states in the area of natural phenomena (or as the four elements in the sense of the Aristotelian meteorology): solid state of matter (mechanics), liquid state of matter (hydraulics), aeriform state of matter (aerodynamics) and the pure state of matter no longer accessible to physical description, such as warmth (thermodynamics) stand, according to Goethe, in direct connection to the inner experiences and possibilities of soul and spirit activity. Goethe described this fact throughout his life's work.

We can reduce it to a short saying: "Like recognises like." Just as the eye forms itself from the light to perceive light, the bones of the foot can only develop fully through walking. Every organ develops its skilled activity through its own doing, so too the human being can only perceive and understand what they themselves have experienced, felt and thought in some form or other. In addition, Goethe also formulated his ethical-religious way of life: "One only learns to understand what one loves". Developing love as force of cognition and thus creating a spiritual empathy is the goal of our work. As Goethe said: Make the kind of observing dependent upon the kind of object to be observed.

3. The third step following movement and inner dialogue with nature by Goetheanistic observation is the schooling of thinking. For this purpose we will use chapters from the book *Fundamentals of Therapy* written jointly by Steiner and Wegman. After a short introduction, the work takes place in the same small groups as for the Goetheanistic studies. Using this text, a path of schooling in thought is taken that has four stages:
 - a) Reading of the text, numbering the paragraphs, working through what has been said, in writing. Connections that remain incomprehensible or give rise to questions are written down for further dialogues if they cannot immediately be satisfactorily answered.
 - b) The train of thought will be followed from the first paragraph through to the last: How does one thought join with the next? Where does the train of thought apparently break off, in order to be taken up again at another place? Where do new thoughts start and - perhaps with apparently no connection - stand next to the first and second thoughts? What is the thread running through? Are we in a position to be able to reproduce the train of thought, developed by Steiner, ourselves? And what about the inner evidence of these thoughts?
 - c) Whilst the first and second steps have more to do with the way in which the content is brought as thought forms, in the third step the emphasis lies on comprehending the composition of the chapter as a whole: How are the beginning and end related to each other? In the course of the paragraphs, do various important points reveal themselves or does the whole move towards a climax which is all important? Does one thought develop out of another in a more sculptural style or is it a more inspirational style where one thought does not directly join onto the next, but rather is in a loose illuminating association ie a complementing form? In this third step, which is to do with a deeper, artistic grasping of the way in which the inner and outer structure of the chapter is built up, the possibility arises of unlocking the text in a much more intimate way as a work of art, a composition. Through this it may then be possible to come to further deeper understanding of the content in the text and thought relationships.
 - d) The highest stage of grasping in thought and understanding is the attempt to penetrate to its essential nature, which means „the being” of what is written. Rudolf Steiner's spiritual-scientific research rests upon supersensible experiences, which he was able to translate into clear concepts and thought connections. In that he could also put them into words, he was able to make them reproducible and comprehensible for present day people. We want to take the reverse path: Going from the written text, to the effectiveness of the thought; from there to the artistic revelation and in the end to the being of what is recognised and said.

Diagnostics, Therapy and Pharmaceutical Experiments

First, we will work on the diagnosis of the members of the human being and the therapy arising from this, using either a characteristic case-study from the book *Fundamentals of Therapy* by Steiner/Wegman or an actual one from every day practice. Some of these will take place over two consecutive afternoons. On the first, the diagnostic method is in the foreground. Then the possibilities of the night are made use of in practice. If I have taken in a picture of a case, a concrete patient situation with as many details as possible, the question arises what does it reveal to me as possible therapy, for my therapeutic goal? I take this question into sleep and observe what other aspects reveal themselves and how when I take these ideas regarding the state of illness and health of a patient to a higher wisdom. "Morning is wiser than the evening" is an old folk saying. Looking at the night from a spiritual-scientific point of view shows that just as we look at everything during daytime from the aspect of the material-physical with the help of our senses, during the night we look at the same things and processes in a social-moral way, from a soul-spiritual aspect. Therefore, some of the case studies are placed in such a way that the night lies between the discussion of diagnosis and that of therapy. We can thus learn to take note of how particular thoughts or points of view can transform themselves solely because we have taken them consciously into the night.

Professional Ethics, Meditation and Self Development

In close connection with the review and preview of the day, as well as the specific questions of the participants, the basics elements of the Anthroposophic Path of inner meditative schooling and self development will be built up. It will be shown and achieved inner evidence that the ethical-moral development is also the most powerful salutogenetic resource. It may become fact that – as Paracelsus said – in the end there is only one true healing power – it is love.

How to work for Certification?

The training is based on three pillars:

- The training-weeks, at least one per year
- Self study and small group work between the training-weeks
- At least two years practical anthroposophic medical work under mentorship
- For further details please look at the International Criteria for Certification on the last page of this brochure.

If you have any questions, please do not hesitate to contact us.

IPMT 5-Years Program

First year:

Introduction into methodology, diagnostics and treatment of Anthroposophic Medicine. Practical example how anthroposophic remedies are produced and how to work with them. Overview of the inner meditative path to understand the human being in his/her emotional and spiritual dimensions according to a concrete understanding of how the system of immunological and self-healing processes can be stimulated by medicaments and meditative work.

Recommended readings:

Bolk's Companions: *Embryology, Biochemistry, Anatomy, Physiology*. For order: Louis Bolk Institut, Tel. +31 343 523860, Fax +31 343 515611

Evans M, Rodger I: *Anthroposophical Medicine. Healing for Body, Soul and Spirit*. Floris Books, Edinburgh, Great Britain 2000

Husemann F, Wolff O: *The Anthroposophical Approach to Medicine*. Vol. 2 and 3 (Vol. 2 out of print, Vol. 3 published 2005 in Anthroposophic Press, Hudson NY, USA)

Kienle G, Kiene H, Albonico HU: *Anthroposophic medicine. Effectiveness, Utility, Costs, Safety*. Schattauer, Stuttgart, Germany 2006

van der Bie G: *Foundations of Anthroposophic Medicine. A Training Manual*. Floris Books, Edinburgh, Great Britain 2004

Wolff O: *Anthroposophical Medicine and its Remedies*. Mercury Press, Spring Valley, NY, USA 1988

Steiner R, Wegman I: *Fundamentals of Therapy. An Extension of the Art of Healing through Spiritual-Scientific Knowledge*. GA 27. Mercury Press, Spring Valley, NY, USA 1999

Second year:

Deepening of the Goetheanistic methodology for observation and for building thinking faculties in order to outline the path of spiritual diagnosis as a complement to mainstream medical diagnostics. Understanding of the Etheric Body as system of regeneration and life-giving functions and forces. Developing a concrete understanding of how thinking capacities and life processes are interacting and promoting physical and spiritual health. Follow up of a variety of single case studies and disease management examples.

Recommended readings for individual studies and small group work:

Albonico HU et al.: *Febrile Infectious Childhood Diseases in the History of Cancer and Matched Controls*. Med. Hypotheses 1996; 51:315-20

Alm JS, Swartz J et al.: *Atopy in Children of Families with an Anthroposophic Lifestyle*. Lancet 1999; 353:1485-88

Goebel W, Gloeckler M: *A Guide to Childs Health*. Floris Books, Edinburgh, Great Britain 2003

Steiner R: *How to Know Higher Worlds – the Modern Path of Initiation*. Anthroposophic Press Inc. Hudson, NY, USA 1994

Steiner R: *Esoteric Science*. GA 13. Anthroposophic Press, NY, USA 1972

Steiner R, Wegman I: *Fundamentals of Therapy. An Extension of the Art of Healing through Spiritual-Scientific Knowledge*. GA 27. Mercury Press, Spring Valley, NY, USA 1999

Third year:

Soul Development. The healing impact of the arts, especially tone eurythmy, music-, speech-, painting-, modelling therapy. Psychotherapy, psychiatric disease management. Anthroposophic Medicine in the field of medical specialization as internal medicine, pediatrics, gynecology, intensive care, surgery and others. Cosmological understanding of the human being and the earth, projective geometry, metal treatment and working with medical meditations.

Recommended readings for individual studies and small group work:

Kienle GS, Kiene H: *Die Mistel in der Onkologie. Fakten und konzeptionelle Grundlagen*. Schattauer, Stuttgart, New York, USA 2003

Soldner G, Stellmann HM: *Individuelle Pädiatrie*. Wissenschaftliche Verlagsgesellschaft, Stuttgart, Germany 2002

Steiner R, Wegman I: *Fundamentals of Therapy. An Extension of the Art of Healing through Spiritual-Scientific Knowledge*. GA 27. Mercury Press, Spring Valley, NY, USA 1999

Steiner R: *Education for Special Needs. The Curative Education Course*. GA 317. Rudolf Steiner Press, London, Great Britain 1998

Fourth year:

The understanding of “the healer within”, the spiritual salutogenic resource of the higher self. The spiritual law of reincarnation and karma and its relevance for illness and health. Inner and outer origins of physical and mental diseases. Meditations for patients. Research methodology, documentation with academic standards. Anthroposophic medicine in daily practice, hospitals, home care etc.

Recommended readings for individual studies and small group work:

Gloeckler M, Langhammer S, Wiechert C: *Education – Health for Life*. Persephone, Dornach, Switzerland 2006. For order: Kooperative Dürnau, Im Winkel 11, DE-88422 Dürnau

Kiene H: *Komplementäre Methodenlehre. Cognition Based Medicine*. Springer Verlag, Berlin, Germany 2001

Steiner R: *Manifestations of Karma: Eleven Lectures Given in Hamburg between 16 and 28 May 1910*. Rudolf Steiner Press, London, Great Britain 1995

Steiner R: *Intuitive Thinking as a Spiritual Path. A Philosophy of Freedom*. Anthroposophic Press, Hudson, NY, USA 1995

Steiner R: *Course for Young Doctors*. GA 316. Mercury Press, Spring Valley, NY, USA 1993

Steiner R, Wegman I: *Fundamentals of Therapy. An Extension of the Art of Healing through Spiritual-Scientific Knowledge*. GA 27. Mercury Press, Spring Valley, NY, USA 1999

Fifth year:

Psychosocial pathology and therapy, the social dimension of doctor’s role and responsibility. The role of agriculture and economic life for the well-being of the social and individual life. Education as preventive medicine, the pedagogical law, pastoral medicine, the esoteric foundation of the professional life: Professional life as service for humanity and the spiritual world. Daily life as path of initiation. One of the fifth year training weeks will be held at the Goetheanum, School for Spiritual Science in Dornach / Switzerland.

Further readings for individual studies and small group work:

Fintelmann V (Hrsg): *Onkologie auf anthroposophischer Grundlage*. Verlag Johannes M. Mayer & Co. GmbH, Stuttgart, Germany 2002

Gloeckler M: *Anthroposophische Arzneitherapie für Aerzte und Apotheker*. Wissenschaftliche Verlagsgesellschaft mbH, Stuttgart, Germany 2005

Steiner R, Wegman I: *Fundamentals of Therapy. An Extension of the Art of Healing through Spiritual-Scientific Knowledge*. GA 27. Mercury Press, Spring Valley, NY, USA 1999

Steiner R: *Agriculture. Spiritual Foundations for the Renewal of Agriculture*. Bio-dynamic Farming and Gardening Assoc. Inc. Kimberton, PA, USA 1993

Steiner R: *Towards Social Renewal – Rethinking the Basis of Society*. Rudolf Steiner Press, London, Great Britain 1999

Recommended: For continued education please visit: <http://www.medsektion-goetheanum.ch/Information and Publications/Publications>

Chile

January 2 – 9, 2008

Special Training Week for Medical Students.

Santiago de Chile

| Wednesday 2.1.2008 | Thursday 3.1.2008 | Friday 4.1.2008 | Saturday 5.1.2008 | Sunday 6.1.2008 | Monday 7.1.2008 | Tuesday 8.1.2008 | Wednesday 9.1.2008 |
|---|--|--------------------|----------------------|--------------------|--------------------|---------------------|--|
| 8.15 – 9.00 Eurythmy Exercises to Enliven Self-Experience and Observation Faculties <i>Veronica Ortúzar</i> | | | | | | | |
| 9.05 – 10.30 Interactive Learning in Small Groups: Goetheanistic Exercises as a Phenomenological Approach to Nature, the Cosmos and the Human Constitution <i>Veronica Ortúzar Meza, Mathias Sauer, Albert Schmidli, Carina Vaca Zeller and Yván Villegas and others</i> Introduction: <i>Michaela Gloeckler</i> | | | | | | | |
| C O F F E E B R E A K | | | | | | | |
| 11.00 – 12.30 Text Study and Thinking Exercises using Steiner/Wegman: <i>Fundamentals of Therapy</i> , Chapter II: Why does the Human Being Become Ill? <i>Veronica Ortúzar Meza, Mathias Sauer, Albert Schmidli, Carina Vaca Zeller, Yván Villegas and others</i> | | | | | | | |
| M I D D A Y B R E A K | | | | | | | |
| 14.30 – 15.30 Anthroposophic Pharmacology and Remedies <i>Albert Schmidli</i> | | | | | | | 14.00 – 15.00 Distribution of Certificates |
| B R E A K | | | | | | | |
| 15.45 – 16.45 Anthroposophic Medicine in Practice: Principles of Diagnosis and Treatment with Curative Eurythmy <i>Mathias Sauer</i> | | | | | | | |
| B R E A K | | | | | | | |
| 17.00 – 18.00 Allergy, Asthma, Cancer <i>Mathias Sauer</i> | | | | | | | |
| E V E N I N G B R E A K | | | | | | | |
| 19.00 Welcome and Introduction into IPMT and Working Modus | 19.15 – 20.00 Review of the Day 20.00 – 21.15 Self-Knowledge and the Inner Path of the Medical Doctor <i>Michaela Gloeckler</i> | | | | | | |

Languages to be used: Spanish, English, German. For further information or registration: Carina Vaca Zeller, carinavacazeller@gmail.com, Fax: +56 2 2234 262

Program changes possible

India
January 17 – 24, 2008

ECC, Bangalore

| Thursday 17.1.2008 | Friday 18.1.2008 | Saturday 19.1.2008 | Sunday 20.1.2008 | Monday 21.1.2008 | Tuesday 22.1.2008 | Wednesday 23.1.2008 | Thursday 24.1.2008 |
|---|---|-----------------------|---------------------|---------------------|----------------------|------------------------|--|
| | 8.15 – 9.00 Therapeutic and Constitutional Eurythmy Exercises <i>Aban Bana</i> | | | | | | 6.00 – 15.00 Excursion to Mysore: Bio-Dynamic Agriculture – Orientation at ISCON Centre |
| | 9.05 – 10.30 Introduction into the Small Group Work <i>Michaela Gloeckler</i> Interactive Learning in Small Groups: Constitutional Diagnosis of the Human Body <i>Marion Debus, John Lees, David Ritchie, Albert Schmidli and Sue Scott</i> | | | | | | |
| | C O F F E E B R E A K | | | | | | |
| | 11.00 - 12.30 Text Study: Rudolf Steiner / Ita Wegman: <i>Fundamentals of Therapy</i> , Chapter XII: Upbuilding and Secretion in the Human Organism <i>Aban Bana, Dilnawaz Bana, John, Lees, David Ritchie, Albert Schmidli and Sue Scott</i> Parallel: Anthroposophic Oncology: Prevention, Diagnosis, Treatment. The Spiritual and Karmic Understanding of the Different Forms of Cancer Disease <i>Marion Debus, Michaela Gloeckler</i> | | | | | | |
| | M I D D A Y B R E A K | | | | | | |
| | 14.30 – 15.45 Healing Substances and Processes for Constitutional Treatment <i>Albert Schmidli, Sue Scott, David Ritchie</i> | | | | | | |
| | B R E A K | | | | | | 15.00 – 16.00 Closing Ceremony Distribution of Certificates |
| 16.30 – 17.45 Welcome and Introduction into IPMT and Working Modus | 16.15 – 17.45 Anthroposophic Medicine in Daily Practice and Constitutional Treatment in Childhood. <i>David Ritchie</i> Anthroposophic Oncology: Prevention, Diagnosis, Treatment. The Spiritual and Karmic Understanding of the Different Forms of Cancer Disease (with Curative Eurythmy Exercises) <i>Dilnawaz Bana, Marion Debus</i> Psychotherapy for Psychologists and Counsellors <i>John Lees</i> External Treatment: Rhythmical Massage (for therapists and Doctors) <i>Sue Scott</i> | | | | | | |
| | E V E N I N G B R E A K | | | | | | |
| 19.00 – 21.00 “Conference of Birds” <i>Mount Baker School, Australia</i> | 19.00 – 19.45 Singing Review of the Day 19.45 – 21.15 Spiritual Understanding of Illness and Healing / Therapeutic Meditations for Doctors and Patients <i>Michaela Gloeckler</i> | | | | | | |

USA

April 11 – 17, 2008

“Joshua Tree Retreat Center” in Joshua Tree, California

| Friday 11.04.2008 | Saturday 12.04.2008 | Sunday 13.04.2008 | Monday 14.04.2008 | Tuesday 15.04.2008 | Wednesday 16.04.2008 | Thursday 17.04.2008 |
|--|--|----------------------|----------------------|-----------------------|-------------------------|------------------------|
| 8.00 – 8.45 Eurhythmic Exercises to Enliven Self-Experience and Observation Faculties <i>Glenda Monasch</i> | | | | | | |
| 8.50 – 10.15 Interactive Learning in Small Groups: Goetheanistic Exercises as a Phenomenological Approach to Nature and Healing Plants <i>Steven Johnson, Alicia Landman, Kenneth McAlister, Philip Incao, Quentin McMullen and Stefan Langhammer</i> Introduction: <i>Michaela Gloeckler</i> | | | | | | |
| C O F F E E B R E A K | | | | | | |
| 10.45 – 12.15 Text Study and Thinking Exercises using Steiner/Wegman: <i>Fundamentals of Therapy</i> , Chapter VIII: Activities in the Human Organism. Diabetes mellitus <i>Steven Johnson, Alicia Landman, Kenneth McAlister, Philip Incao, Quentin McMullen and Stefan Langhammer</i> | | | | | | |
| M I D D A Y B R E A K | | | | | | |
| 14.15 – 15.45 Arthritis and other musculoskeletal problems <i>Steven Johnson</i> Oncology in Practice and Research <i>Quentin McMullen</i> Common Family Practice Problems <i>Alicia Landman</i> Constitutional Diagnosis and Treatment <i>Kenneth McAlister</i> Diabetes <i>Philip Incao</i> | | | | | | |
| B R E A K | | | | | | |
| 16.30 – 17.45 Welcome Methodology and Practice of Antroposophic Medicine (I) <i>Michaela Gloeckler</i> | 16.15 – 17.45 Arthritis and other musculoskeletal problems <i>Steven Johnson</i> Oncology in Practice and Research <i>Quentin McMullen</i> Common Family Practice Problems <i>Alicia Landman</i> Constitutional Diagnosis and Treatment <i>Kenneth McAlister</i> Diabetes <i>Philip Incao</i> | | | | | |
| E V E N I N G B R E A K | | | | | | |
| 19.00 – 21.00 Methodology and Practice of Antroposophic Medicine (II) <i>Michaela Gloeckler</i> | 19.00 – 19.45 Review of the Day 19.45 – 21.00 The Healing Power of Self-Knowledge and Inner Development <i>Michaela Gloeckler</i> | | | | | |

Philippines

April 19 – 26, 2008

Kidapawan

| Saturday 19.04.2008 | Sunday 20.04.2008 | Monday 21.04.2008 | Tuesday 22.04.2008 | Wednesday 23.04.2008 | Thursday 24.04.2008 | Friday 25.04.2008 | Saturday 26.04.2008 |
|---|--|----------------------|-----------------------|-------------------------|------------------------|--|---|
| | 8.15 – 9.00 Therapeutic Eurythmy <i>Grace Zozobrado</i> Eurythmy for Beginners <i>Michaela Gloeckler</i> | | | | | 8.00 – 9.00 Opening Program | 7.45 – 8.45 Social Eurythmy (in 2 groups) |
| | 9.05 – 10.30 Introductory Lecture <i>Michaela Gloeckler</i> followed by Interactive Learning in Small Groups: New Participants: Observation Exercises and Diagnostical Faculty Building <i>D. Hey-Gonzales and others</i> Senior Doctors: Patient Studies and corresponding Plant and Metal Remedies <i>M. Evans, M. Gloeckler, G. Zozobrado</i> | | | | | 9.00 – 10.00 Phil. Situation and Development Initiatives <i>Neth Daño</i> | 9.00 – 10.15 Agriculture, Nutrition and Healing (in process) |
| | 10.30 – 11.00 C O F F E E B R E A K | | | | | BREAK | BREAK |
| | 11.00 – 12.00 Text Study: Steiner/Wegman, Fundamentals of Therapy New Participants: Chapter V: Plants, Animals, Human Being <i>Divina Hey-Gonzales and others</i> Seniors: Chapter XIX: Characteristic Case Histories <i>Michael Evans</i> | | | | | 10.30 – 11.30 Educ. as Prev. Med. <i>Michaela Gloeckler</i> | 10.45 – 12.30 Workshops (III) |
| | 12.00 – 12.30 Lecture on Infectious Diseases <i>C. Chen, P. Baclig, M. Gloeckler, R. Maglana</i> | | | | | 11.30 – 12.30 Workshops (I) | |
| | 12.30 – 14.30 L U N C H B R E A K | | | | | 12.30 – 14.00 LUNCH | |
| 13.00 – 15.00 Registration | 14.30 – 15.30 Lectures: New Doctors, Sun-Tue: Introduction in Psychiatry <i>Michael Evans</i> New Doctors, Wed-Thu: Practical Considerations in AM <i>Divina Hey-Gonzales</i> Sen. MD's, Nurses: Care of Terminally Ill and Dying. External Treatment for Organ Therapy <i>Anne Joris</i> Therapists, Counsellors: Biography-Art Work <i>Mara Evans</i> | | | | | 14.00 – 15.00 Philippine Health Situation <i>Rosalinda Maglana</i> | 14.00 – 15.00 Social Therapy (in process) |
| 15.00 – 15.30 Snack | Teachers, Sun-Tue: Attention Deficit Disorders <i>Grace Zozobrado</i> Teachers, Wed-Thu: Adult Education and Teacher Training (in process) | | | | | 15.00 – 15.30 BREAK | |
| 15.30 – 17.00 Welcome Introduction into the theme and Working Modus | 15.30 – 16.00 B R E A K | | | | | 15.30 – 16.30 Workshops (II) | 15.30 -16.30 Workshops (IV) |
| 17.00 – 18.00 Introduction to AM <i>Grace Zozobrado</i> | 16.00 – 17.30 Workshops: Senior MD's: Case Presentations for certification <i>M. Evans, M. Gloeckler, G. Zozobrado</i> New Doctors, Nurses: Hydrotherapy and Compresses <i>D. Ceriales, A. Joris, J. Luciano, B. Merrit</i> Therapists, Counsellors: Biography-Art Work <i>Mara Evans</i> Farmers, Development Workers: Biodynamic Farming <i>Greg Kitma</i> Teachers: Practical Considerations of Healthy Teaching Practice (in process) | | | | | 16.30 – 17.30 New Thinking and Learning (in process) | 16.30 – 17.30 Action Plan towards Building of Green Islands (groups) |
| | 17.30 – 18.15 Singing, Review of the Day, Announcements | | | | | 17.30 – 18.30 Anthr. Social Medicine <i>M. Gloeckler</i> | 17.30 -18.00 Plenum on this |
| | 18.15 – 19.15 S U P P E R | | | | | 18.30 SUPPER | |
| 19.00 – 19.45 Enviroment and Water Situation in the Philippines <i>R. Maglana</i> | 19.15 – 20.15 Small group work on the Eightfold Path <i>M. Evans, M. Gloeckler, D. Hey-Gonzales, J. Tan, G. Zozobrado</i> | | | | | 19.30 – 20.30 Creative Review | 18.00 – 19.00 Green Island Lecture <i>M. Gloeckler</i> |
| 20.15 – 21.00 Dancing | 20.15 – 21.00 Medicine and the Inner Path <i>M. Gloeckler</i> Closing Verse | | | | | 20.30 – 22.00 Cultural Presentation (practice) | 19.00 – 21.00 Supper with Pinoy Celebration and Closing Programme |

Dornach (für japanische Ärzte)

April 28 – May 4, 2008

Goetheanum Dornach/CH

| Monday 28.4.2008 | Tuesday 29.4.2008 | Wednesday 30.4.2008 | Thursday 1.5.2008 | Friday 2.5.2008 | Saturday 3.5.2008 | Sunday 4.5.2008 |
|--|--|--|--|---|---|---|
| | 8.30 – 9.15 The Role of Movement in Preventive Medicine <i>Michaela Gloeckler</i> | | | | | |
| | 9.20 – 10.15 Study and Thinking Exercises in Small Groups working with Steiner/Wegman: Fundamentals of Therapy, Chapter I: True Insight into the Nature of the Human Being as a Foundation for the Art of Medicine <i>Japanese Physicians</i> | | | | | |
| | B R E A K | | | | | |
| 10.00 – 10.30 Welcome and Introduction | 10.45 – 12.30 Plant Study in Connection with Nature and in Relation to Human Beings <i>Jochen Bockemuehl</i> | | 10.45 – 12.15 Pharmaceutical Processes <i>Albert Schmidli (Weleda Arlesheim)</i> | | | |
| 10.30 – 18.30 Excursion: Plant Study in Connection with Nature and in Relation to Human Beings <i>Jochen Bockemuehl</i> | L U N C H | | | | | |
| | 14.30 – 16.30 Visit of the Goetheanum <i>Yutaka Asada</i> | 14.30 – 16.30 Visit of the Ita Wegman Clinic <i>Mona Hasna</i> | 14.45 – 16.30 Visit of the Lukas Clinic <i>NN</i> | 14.00 – 15.00 The Planet Metals: Indications and Therapy <i>Eva Streit</i> | | |
| | | | | 15.00 – 16.30 Planet Metals and motifs of Fairy Tales <i>Henning Schramm</i> | | |
| | B R E A K | | | | | |
| | 17.00 – 18.30 Spirituality and Religion: The Law of Reincarnation and Karma The Doctor's Inner Path and Spiritual Development <i>Michaela Gloeckler</i> | | | 17.00 – 18.30 Neurodermitis – Manifestation, Cause, Treatment <i>Lüder Jachens, Emi Yoshida</i> | | 17.00 – 18.30 Developmental Disturbances, Hypertension, Alzheimer <i>Emi Yoshida</i> |
| | 18.30 – 19.30 D I N N E R | | | | | |
| <i>Free Evening</i> | 20.00 – 21.30 Concert | 19.30 – 21.00 The Being of Eurythmy Therapy as the Heart Organ of Anthroposophic Medicine <i>Michaela Gloeckler</i> | 19.30 – 21.00 Forum / World Reports <i>Angelika Jaschke Michaela Gloeckler</i> | 19.30 – 21.00 Spirituality and Religion: The Law of Reincarnation and Karma <i>Michaela Gloeckler</i> | 19.30 – 21.00 The Metamorphosis of the Larynx and the Great Vowel Exercises <i>Arnim Husemann</i> | 19.30 – 21.00 Closing Evening with Singing and Distribution of the Certificates |

Odessa/Ukraine

June 18 – 25, 2008

Odessa

| Wednesday 18.6.08 | Thursday 19.6.08 | Friday 20.6.08 | Saturday 21.6.08 | Sunday 22.6.08 | Monday 23.6.08 | Tuesday 24.6.08 | Wednesday 25.6.08 |
|---|---|-------------------|---------------------|-------------------|--|--------------------|---|
| | 9.00 – 9.45 Therapeutic Movement Exercises and Eurythmy <i>Helga Kühl</i> | | | | | | |
| | 9.50 – 11.15 Introduction into Interactive Learning in Small Groups <i>Michaela Gloeckler</i> A Goetheanistic Approach to Anatomy and Physiology through Modelling <i>Marco Ephraim</i> Phenomenological Approach to Nature, the Cosmos and the Human Constitution <i>Stefan Langhammer and colleagues</i> | | | | | | |
| | B R E A K | | | | | | |
| | 11.45 – 13.00 Interactive Text Study in Small Groups: Rudolf Steiner / Ita Wegman: Fundamentals of Therapy, Chapter 6: Blood and Nerve | | | | | | |
| | M I D D A Y B R E A K | | | | | | |
| | 15.00 – 16.30 The most Common Anthroposophic Remedies in the Medical Practice (for new participants) <i>Johannes Zwiauer, Marco Ephraim</i> Anthroposophic Paediatrics (with external treatments, for advanced participants) <i>Christoph and Cristina Meinecke</i> Neurodermatitis and Wound Care (for advanced participants) <i>Brigitte Roesler</i> Anthroposophic Gynaecology (for advanced participants) <i>Roland Frank</i> Working with the Developmental Laws of Biography <i>Michaela Gloeckler</i> | | | | | | 14.30 – 15.30 Closing Distribution of Certificates |
| | C O F F E E B R E A K | | | | | | |
| 17.00 – 18.30 Welcome and Introduction into the Theme and Working Modus of IPMT | 17.00 – 18.30 The most Common Anthroposophic Remedies in the Medical Practice (for advanced participants) <i>Johannes Zwiauer, Marco Ephraim</i> Children Development and Foundations of Anthroposophic Paediatrics (with external treatments, for new participants) <i>Christoph .and Cristina Meinecke</i> Approach to Anthroposophic Dermatology (for new participants) <i>Brigitte Roesler</i> Approach to Anthroposophic Gynaecology (for new participants) <i>Roland Frank</i> | | | | Anthroposophic Remedies from Weleda: New Developments <i>Nataliya Yarmolenko</i> | | |
| | E V E N I N G B R E A K | | | | | | |
| The Contribution of Anthroposophic Medicine to Modern Health Care <i>Michaela Gloeckler</i> | 19.45 – 20.00 Singing and Music 20.00 – 20.30 Review of the Day 20.30 – 21.30 Foundations of Pastoral Medicine and the Spiritual Understanding of Health and Illness <i>Michaela Gloeckler</i> | | | | | | |

Irkutsk/Siberia

June 28 – July 3, 2008

Schulungszentrum der Gewerkschaften, Baikalskaja Str. 263, Solnetschny, Irkutsk

| Saturday 28.6.2008 | Sunday 29.6.2008 | Monday 30.6.2008 | Tuesday 1.7.2008 | Wednesday 2.7.2008 | Thursday 3.7.2008 |
|---|---|---------------------|---------------------|-----------------------|----------------------|
| | 8.15 – 9.00 Hygienic and Curative Eurythmy Exercises <i>Michaela Gloeckler, Ursula Flatter (requested)</i> | | | | |
| | 9.05– 10.30 Introduction into the Small Group Work <i>Michaela Gloeckler</i> Interactive Learning in Small Groups: Diagnostic Faculty Building / Phenomenological Approach to Nature, the Cosmos and the Human Constitution | | | | |
| | C O F F E E B R E A K | | | | |
| | 11.00 – 12.30 Text Study using Steiner/Wegman: <i>Fundamentals of Therapy</i> , Chapter 6: Blood and Nerve | | | | |
| | M I D D A Y B R E A K | | | | |
| | 14.30 – 16.00 Psychosomatic Disorders and its Healing with Psychological and Pharmaceutical Treatment <i>Henriette und Ad Dekkers, Ursula Flatters (requested)</i> | | | | |
| | B R E A K | | | | |
| 16.30 – 18.00 Welcome and Introduction to the Theme | 16.30 – 18.00 Psychosomatic Disorders and its Healing with Psychological and Pharmaceutical Treatment <i>Henriette und Ad Dekkers, Ursula Flatters (requested)</i> | | | | |
| | E V E N I N G B R E A K | | | | |
| 19.30 – 21.00 The Human Biography in the Light of Reincarnation <i>Michaela Gloeckler</i> | 19.15 – 20.00 Review of the day 20.00 – 21.00 The Meditative Path as Resource of Health and Understanding the Mission of Destiny <i>Michaela Gloeckler</i> | | | | |

Languages to be used: Russian, English, German. For further information and registration: Ludmilla Shulgina, shulgina@angara.ru, Fax: +7 3952 33105

Program changes possible

Australia
July 12 – 18, 2008
Avondale College, Cooranbong, NSW

| Saturday 12.07.08 | Sunday 13.07.08 | Monday 14.07.08 | Tuesday 15.07.08 | Wednesday 16.07.08 | Thursday 17.07.08 | Friday 18.07.08 |
|--|---|--------------------|---------------------|-----------------------|----------------------|---|
| | 8.15 – 9.15 Eurythmy and Hygienic Movement Exercises to Activate Self Healing and Diagnostic Faculty Building <i>Jan Baker-Finch</i> | | | | | |
| | 9.15 – 10.30 Introduction into the Small Group Work <i>Michaela Gloeckler, Mathias Sauer</i> Interactive Learning in Small Groups: Phenomenological Approach to the Nature of the Human Constitution <i>Paulo Moreas, Irmhild Kleinhenz, David Ritchie, Narelle Savage</i> | | | | | |
| | B R E A K | | | | | |
| | 11.00 – 12.30 Text Study: Rudolf Steiner / Ita Wegman: Fundamentals of Therapy, Chapter V: Plant, Animal, Human Being <i>Paulo Moreas, Irmhild Kleinhenz, David Ritchie, Narelle Savage</i> | | | | | |
| | M I D D A Y B R E A K | | | | | |
| | 13.30 .- 14.45 Art Therapy <i>Susanna Ramcke-Wyes</i> Singing <i>Kate West</i> Constitutional Treatment in Therapeutic Eurythmy <i>Josephine Porteous</i> | | | | | 13.30 – 14.45 Closing Distribution of Certificates |
| | 14.45 – 16.15 Psychiatric Case Studies: Depression, Aggression, Anxiety and Obsession <i>(in process)</i> | | | | | |
| | C O F F E E B R E A K | | | | | |
| | 16.40 – 18.00 Constitutional Remedies: Psychiatric Diseases <i>(in process)</i> Paediatrics, Curative Education and General Practice <i>David Ritchie, Irmhild Kleinhenz</i> | | | | | |
| | E V E N I N G B R E A K | | | | | |
| 19.00 – 20.00 Welcome and Introduction into the Theme and Working Modus of IPMT | 19.10 – 20.00 Singing and Review of the Day 20.00 – 20.45 Meditative Pathways to Strengthen the Ego-Organisation and Physiological Capacities of Self-Healing <i>Michaela Gloeckler</i> | | | | | |
| 20.00 – 20.45 Anthroposophic Medicine in the Hospital <i>(in process)</i> | | | | | | |

Japan

July 20 – 26, 2008

Suirin 2471-2198, Iizuna-kogen, Nagano-city, Pref., JP380-0888 Tel:+81-26-2392630, Fax: -2392736

| Sunday 20.07.08 | Monday 21.07.08 | Tuesday 22.07.08 | Wednesday 23.07.08 | Thursday 24.07.08 | Friday 25.07.08 | Saturday 26.07.08 |
|---|---|---------------------|-----------------------|----------------------|--------------------|---|
| Transfer to Suirin | 8.15 – 9.00 Eurythmy in Service of Social Healing and Crisis Intervention <i>Mieko Nakatani, Kimiko Ishikawa</i> | | | | | |
| | 9.15 – 10.45 Introduction into the Day Themes <i>Michaela Gloeckler</i> followed by First and second year students: Phenomenological Approach to Nature and Healing Substance Processes <i>Albert Schmidli</i> Third, fourth and fifth year students: Phenomenological Exploration: Anatomy and Physiology of Blood and Nerve <i>Harald Matthes</i> | | | | | |
| | B R E A K 11.15 – 12.30 Text Study in Small Groups: Rudolf Steiner / Ita Wegman: Fundamentals of Therapy, Chapter VI: Blood and Nerve <i>Yutaka Asada, Makio Ishikawa, Masaaki Hori, Masahide Abe, Keiko Kobayashi, Kokuriki Kobayashi</i> | | | | | 11.15 – 12.30 Closing and Distribution of Certificates |
| | L U N C H 14.30 – 15.30 Art Therapy <i>Akiko Yoshizawa</i> Music Therapy <i>Mayumi Weiler</i> Curative Eurythmy <i>Mieko Nakatani, Kimiko Ishikawa</i> | | | | | |
| | B R E A K | | | | | |
| 16.30 – 18.00 Welcome Introduction into the Foundations of Anthroposophic Medicine <i>Michaela Gloeckler</i> | 16.00 – 18.30 Anthroposophic Diagnostic and Treatment in Practice <i>Harald Matthes</i> Healing Substances and Pharmaceutic Processes <i>Albert Schmidli</i> Anthroposophic Nursing <i>Anne Joris</i> | | | | | |
| B R E A K | | | | | | |
| 19.30 – 21.00 Actual Results from the Oncological Network <i>Harald Matthes</i> | D I N N E R 19.45 – 20.15 Singing and Review of the Day 20.15 – 21.30 The Social Dimension of the Doctors Role and his Task for Prevention and Environment <i>Michaela Gloeckler</i> | | | | | |

Language to be used: German, English, Japanese. For further information or registration: Kokuriki Kobayashi, kokuriki@gf7.so-net.ne.jp

Program changes possible

Russia
August 8 – 15, 2008
Lisij Nos, St. Petersburg

| Friday 08.08.08 | Saturday 09.08.08 | Sunday 10.08.08 | Monday 11.08.08 | Tuesday 12.08.08 | Wednesday 13.08.08 | Thursday 14.08.08 | Friday 15.08.08 |
|--|---|---|--------------------|---------------------|-----------------------|----------------------|--|
| | 9.00 - 9.45 Eurythmy in Service of Social Healing and Crisis Intervention <i>Michaela Trefzer</i> | | | | | | |
| | 9.45 - 10.20 Introduction into the Small Group Work. <i>Michaela Gloeckler</i> | | | | | | |
| | B R E A K | | | | | | |
| | 10.50 – 13.00 Goetheanistic Exercises as a Phenomenological Approach to Nature, the Cosmos and the Human Constitution <i>Slava Sergejev, Daniil Efimov</i> (for 1. and 2. year's students) <i>Rosa Bailmann, Ingo Junge, Denis Koshechkin, Arsen Lordkipanidse., Marina Rykina, Ekaterina Shlyakhter, Tatiana Vasilieva</i> (for 3.,4. and 5. year's students), followed by | | | | | | |
| | Text study and thinking exercises using Steiner/Wegman: Fundamentals of Therapy chapter XX: Typical remedies <i>Slava Sergejev, Daniil Efimov</i> (for 1. and 2. year's students) <i>Rosa Bailmann, Ingo Junge, Denis Koshechkin, Arsen Lordkipanidse., Marina Rykina, Ekaterina Shlyakhter, Tatiana Vasilieva</i> (for 3.,4. and 5. year's students) | | | | | | 12:00 – 13:00 Distribution of Certificates |
| | M I D D A Y B R E A K | | | | | | |
| | 15.00 – 16.30 Gastroenterology <i>Mathias Sauer</i> Nutrition and Diet therapy I <i>Birgit Hausheer</i> Pediatrics: Skin Diseases and Allergy in Childhood <i>Karl-Reinhard Kummer</i> | | | | | | |
| | C O F F E E B R E A K | | | | | | |
| | 17.00 - 18.30 Healing Substances and their Processes <i>Johannes Zwiauer, Anna Pechalina, Denis Koshechkin</i> (Saturday – Monday) Healing Substances and their Processes <i>Slava Sergejev, Rosa Bailmann, Ingo Junge</i> (Tuesday – Thursday) Nutrition and Diet therapy II <i>Birgit Hausheer</i> | | | | | | |
| | 18.30 - 19.00 Review of the day | | | | | | |
| | E V E N I N G B R E A K | | | | | | |
| 20.30 – 21.45 Colour Meridian Therapy by Christel Heidemann <i>Elfi Heckel</i> | 20.30 – 21.45 Building of Networks of Competence in the different Medical Disciplines | 20.30 – 21.45 The Inner Path as Resource for Individual and Social Healing and the Seven Secrets of Destiny <i>Michaela Gloeckler</i> | | | | | |

Dornach/Switzerland (for Polish participants)

August 31 – September 7, 2008

Dornach

| Sunday 31.8.08 | Monday 1.9.08 | Tuesday 2.9.08 | Wednesday 3.9.08 | Thursday 4.9.08 | Friday 5.9.08 | Saturday 6.9.08 | Sunday 7.9.08 |
|---|------------------|-------------------|---------------------|---|------------------|--------------------|-------------------------------------|
| | | | | 8.30 – 9.15 Therapeutic Eurythmy and Colour Movement Exercises <i>Brigitte von Roeder</i> | | | 9.00 – 15.00 Excursion to Colmar |
| | | | | 9.20 – 10.45 Interactive Learning in Small Groups: Phenomenological Approach to Nature and Cosmos: Healing Plants Michaela Gloeckler, Jochen Bockemühl., Stefan Langhammer | | | |
| | | | | B R E A K | | | |
| | | | | 11.15 – 12.30 Text Study: Rudolf Steiner / Ita Wegman: Fundamentals of Therapy, Chapter 1: True Insight into Nature of Human Being | | | |
| | | | | M I D D A Y B R E A K | | | |
| 15.00 – 16.15 Registration | | | | 14.30 – 16.00 Art Therapy in small groups: Painting <i>Dagmar Brauer (expected)</i> Modelling <i>Elke Dominik (expected)</i> Music <i>Regula Utzinger (expected)</i> External Treatment in small groups (Rhythmical Massage, Oil Baths etc.) (<i>in process</i>) | | | |
| C O F F E E B R E A K | | | | | | | |
| 16.30 – 18.00 Welcome and Introduction into the Theme and Working Modus of IPMT | | | | 16.30 – 18.00 Cardiological Diagnostic and Treatment <i>Mathias Sauer, Albert Schmidli</i> Oncology <i>Eva Streit</i> | | | |
| E V E N I N G B R E A K | | | | | | | |
| 19.30 – 21.00 Anthroposophic Medical Research <i>Peter Heusser</i> (<i>requested</i>) | | | | 20.00 – 20.30 Review of the Day 20.30 – 21.30 Christology and Medicine <i>Michaela Gloeckler</i> | | | |

Buenos Aires/Argentina

October 3 – 10, 2008

Buenos Aires

| Friday 3.10.2008 | Saturday 4.10.2008 | Sunday 5.10.2008 | Monday 6.10.2008 | Tuesday 7.10.2008 | Wednesday 8.10.2008 | Thursday 9.10.2008 | Friday 10.10.2008 |
|---|--|---------------------|---------------------|----------------------|------------------------|-----------------------|--|
| 8.15 – 9.00 Eurythmische Übungen zu den Ausdrucksformen der Kunst und ihr therapeutischer Wert <i>Cármen San Miguel</i> | | | | | | | |
| 9.05 – 10.30 Third, fourth and fifth year students: Projective Geometry and the Formative Principles of Human Constitution <i>Georg Glöckler</i> First and second year students: Goetheanistic Exercises as a Phenomenological Approach to Nature, the Cosmos and the Human Constitution <i>Eduardo Diapaolo, Néstor Manassi, Minu Ryckeboer, Carina Vaca Zeller</i> Introduction: Michaela Gloeckler | | | | | | | |
| B R E A K | | | | | | | |
| 11.00 – 12.30 Text Study in Small Groups using Steiner/Wegman: Fundamentals of Therapy, Chapter XII, Upbuilding and Secretion in the Human Organism <i>Roberto Bonini, Eduardo Diapaolo, Néstor Manassi, Mathias Sauer, Yvan Villegas, Carina Vaca Zeller</i> | | | | | | | |
| M I D D A Y B R E A K | | | | | | | Closing Distribution of Certificates |
| 14.30 – 15.30 Healing Substances and their processes <i>Marina Niewind</i> | | | | | | | |
| C O F F E E B R E A K | | | | | | | |
| 16.00 – 18.00 Diagnosis and Therapeutic Strategies in Practice, Based on Steiner/Wegman's Case Studies <i>Matthias Sauer</i> | | | | | | | |
| E V E N I N G B R E A K | | | | | | | |
| 19.00 Welcome and Introduction into IPMT and Working Modus | 19.15 – 19.45 Review of the Day | | | | | | |
| | 19.45 – 21.00 Inner Needs for Doctors and Patients, Dealing with Facts as Drug Addiction, Guilt Experience, Fanatism, Exorcism, Stigmatisation, Cultic Ceremonies as Part of the Individual and Social Destiny <i>Michaela Gloeckler</i> | | | | | | |

International Criteria for Certification as Anthroposophic Physician

1. The basic condition for certification as an anthroposophic physician is a completed medical training (registration).
2. Evidence of at least one year's full-time study of the basics in Anthroposophy and Anthroposophic medicine, or of part-time training for at least three years, or of comparable intensive private study, including long-distance learning.
3. Evidence of at least two years' practical additional training at a hospital or clinic recognized by the Medical Association in the country concerned or by the Medical Section at the Goetheanum, or in an Anthroposophic general/specialist practice, or in the applicant's own practice with a mentor.
4. Submission of at least two documented case histories and evidence of a mentor discussion in which the applicant can demonstrate that he or she is able to handle the basics of Anthroposophic medicine. Independently and apart from this, the regulations agreed on by the relevant national Medical Association apply to the issuing of certificates. For colleagues in countries where adequate training facilities are not yet in place, a procedure has been established at the Medical Section at the Goetheanum for establishing an applicant's qualification as an Anthroposophic physician and issuing a certificate.
5. Provisional regulations at the appropriate level are established by the different national Medical Associations.
6. Individual national Medical Associations can decide on the potential need for recertification.
7. These International Criteria have been passed by the representative body of the Boards of Anthroposophical Medical Associations on 20 September 2002 and confirmed by the International Federation of Anthroposophical Medical Associations / IVAA Council on 19 January 2003.

For your notes

Victorious Spirit
Flame through the Impotence
Of Irresolute Souls,
Burn out the Egoism,
Ignite the Compassion,
That Selflessness
The Life Stream of Humankind
Wells up as the Source
Of Spirit Rebirth

Rudolf Steiner, 20. September 1919
GA 268, Page 73

We appreciate any donations to support this international training initiative to following accounts:

For transfers from Switzerland: Raiffeisenbank, CH-4143 Dornach, Medizinische Sektion bei der Allgemeinen Anthroposophischen Gesellschaft
Reason for Transfer: IPMT

For transfers from other countries: Postbank, DE-76118 Karlsruhe, Medizinische Sektion bei der Allgemeinen Anthroposophischen Gesellschaft,
KTO 3353 27-750, BLZ 660 100 75, IBAN DE59 6601 0075 0335 3277 50, BIC PBNKDEFF, Reason for Transfer: IPMT

Please see our website for further information and IPMT updates:

www.medsektion-goetheanum.ch

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